

Winter 2012 Career Services Workshops



MCC Career Services is hosting a series of dynamic career development workshops free to students and community members, at a variety of locations. Explore wide-ranging topics while gaining valuable knowledge from experts in their fields.

Motivational DNA

Have you ever wondered why some people are incredibly motivated, while others struggle to get moving? The answer to this question lies in the unique motivational style of each person. Learn what motivates you, de-motivates you and receive Quick-Start Tips to give your goals a jump-start. Understanding and using your Motivational DNA™ will fuel your efforts and help make your goals a reality.

Wednesday, January 25, 2012

Fort Omaha Campus, 30th & Fort Sts.

Building 10, Room 110

9:00 – 11:00am

Presenter: **Deanne Amato**, *Certified Life Coach and Coordinator of Student Success Initiatives at MCC*

Investing in Your Social Capital

Networking is critical to obtain the job you want and advance your career. Not only does this skill allow you to market yourself, but it can also foster collaborations and build relationships. Learn how to maximize your networking skills to create and maintain the lasting connections you need to fuel your career aspirations.

Wednesday, February 8, 2012

Elkhorn Valley Campus, 204 St. & W. Dodge Rd., Room 106

Noon – 2:00pm

Presenter: **Jason Lauritsen**, *Partner at Bulletproof Talent and Speaker/Author at Talent Anarchy*

To reserve your seat in the workshops please contact:
Indra Faison (402)738-4564•isfaison@mccneb.edu or
Ayanna Boykins (402)738-4570•aboykins@mccneb.edu

METROPOLITAN
COMMUNITY COLLEGE

TRIO
METROPOLITAN
COMMUNITY COLLEGE

TRIO Student Support Services is funded by the U.S. Department of Education, Division of Special Services, Title IV, Higher Education Act of 1963, (MCC awarded \$346,742 in 2011-12).

Job Search 101: The Virtual Career Center

Does the thought of finding a job stress you out? Learn how jobseekers/students use the AIM Virtual Career Center to discover exciting career fields, assess their individual strengths, determine their salary potential and learn about job search strategies.

Wednesday, February 22, 2012

South Omaha Campus, 27th & Q Sts.

Connector Building, Room 249

Noon – 1:55pm

Presenter: **Stephanie Fears**, *Client Engagement Specialist Manager for the AIM Institute and Careerlink.com*

Life GPS: Plotting your Career Coordinates

With all of the pressures of everyday life it can be difficult to find your passion. When you have a strong awareness of self, the pathway to success becomes less complicated. What steps can you take to get the most out of life in the present, and in the future? Learn how to let your passions guide your work and personal life.

Wednesday, March 7, 2012

Sarpy Center, 91st & Giles, Room 138

Noon – 2:00pm

Presenter: **Mel Clancy**, *Director of Project Achieve at UNO*

Brand New You: Wardrobe for the World of Work

People say what you wear on the outside is a reflection of who you are on the inside. In today's economy anyone in search of a career needs every edge they can get. Dress like a winner – and the world will treat you like one! Learn how to improve your personal & professional image through tips from a professional image consultant. Following the workshop will be the Service-Learning Career Closet/TRIO Fashion Show.

Wednesday, March 28, 2012

Fort Omaha Campus, 30th & Fort Sts.

Building 10, Room 136 B/C/D

9:00 – 11:00am

Presenter: **Mary Anne Vaccaro**, *Design Stylist Image Consultant for Mary Anne Vaccaro Designs*