

Transfer Guide: MCC Human Services Transfer (HSTAA) to UNO Bachelor of Science Social Work (2024)

The Human Services Transfer degree is designed to develop essential knowledge and skills required in the Human Services field and to efficiently accommodate transfer to four-year human services-related fields from around the area.

Every effort has been made to provide accurate information on suggested courses; however, it is the student's responsibility to consult with the institution they are planning to transfer to ensure courses fit into their intended plan of study. For students planning to transfer to UNO – College of Public Affairs and Community Service, the below information and additional course options can also be found at the following sites:

- MCC - [Metropolitan Community College - University of Nebraska at Omaha \(mccneb.edu\)](https://mccneb.edu)
- UNO - [Guided Pathways | Registrar | University of Nebraska Omaha \(unomaha.edu\)](https://unomaha.edu)

Total Credit Hours – 94.5

Major Requirements (49.5 Credit Hours)

Complete all courses:

- HMSV 1010 Introduction to Human Services (4.5)
- HMSV 1120 Helping Skills and Techniques (4.5)
- HMSV 1130 Introduction to Counseling Theories (4.5)
- HMSV 1140 Assessment, Case Planning, and Management (4.5)
- HMSV 1150 Community Resources (4.5)
- HMSV 2050 Ethics and Professionalism (4.5)
- HMSV 2110 Group Counseling (4.5)
- HMSV 2120 Social Services Policy and Exceptional Populations (4.5)
- HMSV 2150 Multicultural Counseling (4.5)
- PSYC 1120 Human Growth and Development (4.5)
- SOCI 1010 Introduction to Sociology (4.5)

Option Requirements (9.0 Credit Hours)

Option Requirements (9.0 Credit Hours) – Complete two courses

Course	Credit Hours	Recommendations for Alignment with UNO
Complete two of the following courses: ECON 1000 or POLS 2050, GEOG 1010, GEOG 1050, HIST 1010, HIST 1110, HIST 1120, HIST 2050, PSYC 2350, SOCI 1250, SOCI 2050, SOCI 2160, SOWK 1010	9.0	1 st course: SOWK 1010 2 nd course: ECON 1000 or POLS 2050

General Education Requirements (36 Credit Hours)

Communication (13.5 Credit Hours) – Complete all courses

Course	Credit Hours	Recommendations for Alignment with UNO
ENGL 1010 English Composition I	4.5	ENGL 1010
ENGL 1020 English Composition II	4.5	ENGL 1020
COMS 1110 Public Speaking	4.5	COMS 1110

Quantitative/Numeracy Skills (4.5-5.0 Credit Hours) – Complete one course

Course	Credit Hours	Recommendations for Alignment with UNO
Complete MATH 1300, MATH 1305, MATH 1410 or MATH 1425	4.5	MATH 1410

Critical Thinking/Creativity & Social/Cultural Awareness (4.5 Credit Hours) - Complete two courses

Course	Credit Hours	Recommendations for Alignment with UNO
Complete one Humanities course	4.5	Complete one course from the following: ARTS 1000, ARTS 1110, ARTS 1120, ENGL 1310, ENGL 2450, ENGL 2460, ENGL 2470, ENGL 2490, ENGL 2510, ENGL 2520, ENGL 2530, ENGL 2610, FREN 1110, GERM 1010, HUMS 1000, HUMS 1110, HUMS 1120, HUMS 1130, HUMS 1150, HUMS 2310, JAPN 1010, MUSC 1050, PHIL 1010, PHIL 1100, PHIL 2030, PHIL 2200, SPAN 1110, THEA 1000, or THEA 2020
Complete one Social Sciences course	4.5	PSYC 1010

Scientific Inquiry (4.5 Credit Hours) – Complete one course

Course	Credit Hours	Recommendations for Alignment with UNO
Complete one Natural Sciences courses.	4.5	BIOS 1010

Professionalism/Life Skills & Information Literacy (4.5 Credit Hours) – Complete one course

Course	Credit Hours	Recommendations for Alignment with UNO
Complete one of the following courses: EXPL 1000, INFO 1001 or HMRL 1010	4.5	HMRL 1010

Students admitted to UNO with an Associate of Arts (AA) or Associate of Science (AS) degree from a regionally accredited institution will have fulfilled UNO’s lower-division general education requirements. (This means all UNO general education requirements except Writing in the Discipline).

UNO Total Semester Hours – 62

Remaining Courses to be completed at UNO

UNO Requirement	Credit Hours	UNO Course(s)
Writing in the Discipline	3	
Humanities and Fine Arts	6	Humanities & Fine Arts or Elective
Social Science	3	Social Science or Elective
Major Requirements	50	SOWK 2120 Race, Class and Gender in the US (3) SOWK 3000 Applied Statistics and Data Processing in Public Sector (3) SOWK 3010 Human Behavior and the Social Environment I (3) SOWK 3020 Human Behavior and the Social Environment II (3) SOWK 3110 Social Welfare Policy I (3) SOWK 3320 Social Work Practice I (3) SOWK 3350 Social Work Practice II (3)



UNO Requirement	Credit Hours	UNO Course(s)
		SOWK 4360 Social Work Practice III (3) SOWK 4400 Research Methods in Social Work Practice (3) SOWK 4410 Generalist Social Work Practicum I (5) SOWK 4420 Generalist Social Work Practicum II (5) SOWK 4450 Social Work Career Prep (1) Select 4 additional upper level SOWK courses (12)

Additional Information for Students:

To maximize credit transfer, students are strictly encouraged to follow this Guided Pathway. When followed correctly, students will have approximately (62) Credit/Semester Hours remaining to complete for the Bachelor of Science in Social Work.

Academic Advising Information:

- MCC
 - [Metropolitan Community College - Academic Advising \(mccneb.edu\)](http://mccneb.edu)
 - 531-622-5231
- UNO
 - Grace Abbott School of Social Work, 402-554-2792

MCC Transfer Center Information:

- transfercenter@mccneb.edu
- 531-622-1111