

FEBRUARY 1, 2008

FREE GENERIC DRUGS

Remember to take advantage of the Blue Cross/Blue Shield of Nebraska's free generic prescription drug offer — it's a great way to save money. From Jan. 1 through March 31, 2008, prescriptions filled with a generic drug will be free for all eligible BCBS of Nebraska members. That's three months of free generic prescription drugs!

To utilize the limited three-month free generic drug program, here's all you have to do. If you're already taking a generic prescription drug, whenever you get a refill using either a BCBS participating pharmacy or the BCBS PrimeMail mail order service program, your copay/coinsurance amount will be waived. If you're currently taking a brand name drug, ask your doctor if a generic is available and appropriate for your condition. If the answer is yes, request a new prescription to be filled at a BCBS participating pharmacy or through PrimeMail, and the copay/coinsurance will be waived. That's all there is to it! For more information, visit www.genericsfromneblues.com.

HORTICULTURE DEPARTMENT BOOTH

The Horticulture Faculty and students have a 60 by 20 foot garden alongside their booth at the Omaha Home & Garden Expo. Jan. 31 to Feb. 3. Horticulture instructor Addie Kinghorn will give a talk on shade perennials at 1 p.m. on Feb. 2, and Paul Evans will talk about the public gardens of Chicago and the Pacific Northwest at 7 p.m. on Feb. 1. The talks will be at the Garden Theatre inside the Expo.

STAFF DIRECTORY UPDATES

New Employees

Jeffrey Bolen, Grounds Person, SOC, 738-4507

John Fox, Journeyman Electrician, FOC Bldg 21, 457-2535

Josephine "JoAnn" Gast, Disability Support Services Assistant, SOC-CON, 738-4626

Cheryl Vossberg, Client Program Manager, FOC Bldg 5, 457-2517

Updates/Changes

Bobby Loud, FOC Bldg 10, 457-2808

Terry Casey, SOC-CON, 738-4607

James Cloyd, ATC, TBA

Susanne Suprenant, SOC-MAH, 738-4585

Jacque Palma, SOC-MAH, 738-4586

Separations, Last Day

Lisa Kastens, 1/31/08

Sherri Michael, 2/1/08

SUPER BOWL AD CREATED BY AND FOR THE DEAF COMMUNITY

A Pepsi advertisement created by and for the deaf community will be airing this Sunday during the Super Bowl pre-game program on Fox. You can preview the ad before Sunday [online](#).

NEW FACES



Ronald Acers

Custodial Supervisor
South Omaha Campus

Ronald worked as an integrated engineer for 22 years and as maintenance director at Concordia High School for four years. While serving in the Navy, he was assigned to submarines. He has been married 24 years and has two sons, ages 20 and 17. He describes himself as a people person. Ronald has played the guitar for more than 35 years. He is a avid reader and a certified deacon at his church.



Phyllis Brown

Coordinator, Single Parent/Displaced Homemaker Program
Fort Omaha Campus

Phyllis received her Bachelor's Degree in Criminal Justice and her Master's Degree in Human Services from Bellevue University. She is also a part-time instructor at Metropolitan Community College, where she teaches in the Social Sciences department. Phyllis loves to watch and play basketball in her spare time.



Eric Downs

Graphic Designer
Fort Omaha Campus

Eric recently received his Associate's Degree in Graphic Design from Metropolitan Community College. He worked as a freelance designer for six years and as a part-time graphic designer at MCC for a year and half prior to accepting his full-time position. He also served as a fitness equipment sales consultant and a manager at Gold's Gym. Eric enjoys exercise, cooking, art and spending time with friends and family. He has competed in two amateur bodybuilding competitions and plans to compete again soon.



Gary Eichner

Custodian
Fort Omaha Campus

Gary worked for the Omaha Public Schools for 33 years as a custodian. He graduated from South High School. Gary also served in the Navy Reserves for two years. In his spare time, he enjoys farm work, woodworking and bowling.



Cheryl Frampton

ABE/GED Specialist
Fort Omaha Campus

Cheryl loves working with youth and has primarily worked with 16-19-year-olds. In her free time, she loves spending time with her husband, 14-year-old son, and 3-year-old daughter. Cheryl likes going to sporting events and watching *Dora the Explorer* with her daughter.



Fallon Parks

Accounts Receivable Technician
Fort Omaha Campus

Fallon recently received her Associate's Degree in Human Services from Metropolitan Community College. She is originally from Minneapolis, Minn. She enjoys spending time with her 6-year-old son. Fallon also likes cooking, reading and shopping.



Michaela Krug

Graphic Designer
Fort Omaha Campus

Michaela received her Bachelor of Arts Degree in Graphic Design from William Woods University in Fulton, Mo. At the University, Michaela was a active member in the Alpha Phi Sorority. She held the positions of social chair and scholarship chair. Michaela grew up in Long Grove, Iowa and moved to Nebraska in 2005. She is currently a member of the Omaha Federation of Advertising. Michaela loves running road races, camping, watching football and boating.



Ambe White

Recruiter
Fort Omaha Campus

Ambe has a background in higher education in career counseling, admissions, equal employment opportunity and teaching. She earned her Master's Degree in Higher Education from the University of Kansas and a Master's Degree in Human Resources Management from Webster University in Kansas City. Ambe also has a Bachelor's Degree in Marketing from Lincoln University in Jefferson City, Mo. She enjoys kickboxing, traveling, shopping and watching basketball 24/7. She has two daughters who also love basketball!

SURF'S UP!

Grab your flip flops and T-shirt and come on out to Elkhorn Valley on Feb. 13, for a Beach-Party-In-The-Commons! Between 11 a.m. and 1 p.m. a disc jockey will be playing summertime tunes and the campus café will be offering up summer beverages and food specials. Forget about winter for a while. Join us for some Beach Boys and a hot dog!

INSIDE STORY FOLLOW UP SURVEY

As an Inside Story reader, please take the time to complete a brief survey on the updated format. The survey is [online](#) and takes a only few minutes to complete.

