

WOMEN'S HISTORY MONTH

Our History is our Strength

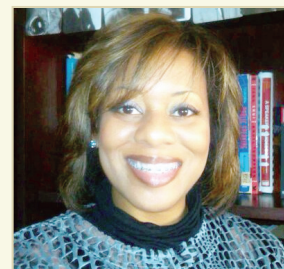
REFLECTIONS ON *FOR COLORED GIRLS: WOMEN, WORK/ LIFE BALANCE, COMMUNICATION AND MENTAL HEALTH*

Nikita Y. Harris, Ph.D., Assistant Professor, Department of Communication, Columbus State University in Columbus, Ga., leads a panel of women to discuss the themes of Tyler Perry's screenplay *For Colored Girls* (adapted from Ntozake Shange's 1975 award-winning play *For Colored Girls Who Have Considered Suicide When the Rainbow Is Enuf*).

This panel will examine the complexities of gender and the many struggles and obstacles women face in the 21st century. Topics to include images of women in the media, work/life balance, mental health and new models/strategies for living today. The panel moderator is Dr. Cynthia K. Gooch.

Other panelists include TaWanda Mercer, Nurse Practitioner, Alegent Health; Jamalia Parker, MSW, Clinical Training Coordinator, Uta Halee-Cooper Village; Natalia J Peart, Ph.D., Chief Executive Officer, YWCA; Colette M. Polite, Academic Counselor, Student Support Services, TRIO Programs, UNL; Sheritta Strong, MD, Department of Psychiatry, UNMC.

Thursday, March 31
6:15–7:45 p.m.
South Omaha Campus
Conference Center



Nikita Y. Harris

METROPOLITAN
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All events free and open to the public unless noted.
For more information, contact bvelazquez@mccneb.edu or 402.457.2253.
Groups of 10 or more, call to reserve seating.