

Schedule of Benefits Summary

NEtwork Blue

Group Name: Educators Health Alliance

Effective Date: September 01, 2025

Payment for Services	In-network Provider	Out-of-network Provider
Covered Services are reimbursed based on the Allowable Charge. Blue Cross and Blue Shield of Nebraska In-network Providers have agreed to accept the benefit payment as payment in full, not including Deductible, Coinsurance and/or Copayment amounts and any charges for non-covered Services, which are the Covered Person's responsibility. That means In-network providers, under the terms of their contract with Blue Cross and Blue Shield, can't bill for amounts over the Contracted Amount. In some situations, Out-of-network Providers can bill for amounts over the Out-of-network Allowance. Cost-sharing and reimbursement amounts for categories showing "Same as any other illness" may vary based on where services are rendered.		
In-network Provider: The provider network is shown on your I.D. card. For help in locating In-network Providers, visit NebraskaBlue.com/Find-a-Doctor . For certain Durable Medical Equipment, Independent Laboratory and Specialty Drug Services, the Doctor Finder may display providers that are considered Out-of-network for these types of Services. Please refer to your benefit book for additional information.		
Deductible (the amount the Covered Person pays each Calendar Year for Covered Services before the Coinsurance is payable) - Individual - Family (Embedded*)	\$650 \$1,300	\$1,300 \$2,600
Coinsurance (the percentage amount the Covered Person must pay for most Covered Services after the Deductible has been met) - Covered Person Pays - Plan Pays	20% 80%	40% 60%
Out-of-pocket Limit (Includes Deductible, Coinsurance and Copays) - Individual - Family (Embedded*)	\$5,600 \$11,200	\$11,200 \$22,400
In-network and Out-of-network Deductible and Out-of-pocket Limits cross accumulate. All other limits (days, visits, sessions, dollar amounts, etc.) do cross accumulate between In-network and Out-of-network, unless noted differently. Day, session or visit limits for certain services shown on this summary are not applicable to Mental Health and/or Substance Use Disorders. Once the annual Out-of-pocket Limit is reached, most Covered Services are payable by the plan at 100% for the rest of the Calendar Year.		
*Embedded – If you have single coverage, you only need to satisfy the individual Deductible and Out-of-pocket Limit amounts. If you have family coverage, no one family member contributes more than the individual amount. Family members may combine their covered expenses to satisfy the required family Deductible and Out-of-pocket amounts.		
Copayment(s) (copay(s)) apply to: - Physician Office - Emergency Room Services - Telehealth/Virtual Care - Prescription Drugs - Urgent Care Facility The Copay amount varies by the type of Covered Services. Refer to the appropriate category for benefit information.		
Services may require Preauthorization. Failure to obtain Preauthorization will result in denial of benefits. For additional information regarding Preauthorization procedures please visit NebraskaBlue.com/PreAuth.		

Covered Services – Illness or Injury	In-network Provider	Out-of-network Provider
Physician Office Services - Primary Care Physician Office Visit - Specialist Physician Office Visit - Physician Office Services provided in the office (with or without an office visit)	\$35 Copay \$55 Copay Deductible and Coinsurance	Deductible and Coinsurance Deductible and Coinsurance Deductible and Coinsurance
Primary Care Physician is a physician who has a majority of his or her practice in internal or general medicine, obstetrics/gynecology, general pediatrics or family practice. A physician assistant is covered in the same manner as a Primary Care Physician. Specialist Physician is a physician who is not a Primary Care Physician. Office Visit Benefits for Primary Care and Specialist Physician Office Visit include office visits (including the initial visit to diagnose pregnancy) consultations and medication checks. Other Covered Services not part of the Physician Office Services Benefit (Refer to the appropriate category for benefit information) include: Advanced Diagnostic Imaging (CT, MRI, MRA, MRS, PET and SPECT scans and other Nuclear Medicine); Pregnancy Services; Preventive Services; Radiation Therapy and Chemotherapy; Surgery and Anesthesia; Therapy and Manipulations; Durable Medical Equipment; Sleep Studies; Biofeedback; Mental Health and Substance Use Disorders.		
Telehealth/Virtual Care Services - Medical - Mental Health	\$10 Copay See Mental Health and/or Substance Use Disorder Services	Not Covered Not Covered
Convenient Care/Retail Clinics (Quick Care)	Same as a Primary Care Physician	Deductible and Coinsurance
Urgent Care Facility Services (a single copay applies to each urgent care visit)	\$55 Copay then Deductible and Coinsurance	Deductible and Coinsurance
Emergency Room Services (services received in a Hospital emergency room setting) - Facility - Professional Services (Copayment is waived if admitted to the hospital within 24 hours for the same diagnosis)	\$85 Copay then Deductible and Coinsurance Deductible and Coinsurance	In-network level of benefits In-network level of benefits
Outpatient Hospital or Facility Services Services such as surgery, laboratory and radiology, cardiac and pulmonary rehabilitation, observation stays, and other services provided on an outpatient basis	Deductible and Coinsurance	Deductible and Coinsurance
Inpatient Hospital or Facility Services Charges for room and board, diagnostic testing, rehabilitation and other ancillary services provided on an inpatient basis	Deductible and Coinsurance	Deductible and Coinsurance
Orthopedic Specialty Hospital or Facility Services	Deductible and Coinsurance	Deductible and Coinsurance
NOTE: Deductibles and Coinsurance may be waived if Covered Services are provided at a designated Preferred Center. See NebraskaBlue.com/PreferredCenters for a list of Covered Services and designated hospitals.		

Preventive Services	In-network Provider	Out-of-network Provider
Preventive Services - Affordable Care Act (ACA) required preventive services (may be subject to limits that include, but are not limited to, age, gender, and frequency) - ACA required covered preventive services (outside of limits) - Other covered preventive services not required by ACA For additional information please visit NebraskaBlue.com/PreventiveCare	Plan Pays 100% Deductible and Coinsurance Plan Pays 100%	Deductible and Coinsurance Deductible and Coinsurance Deductible and Coinsurance
Immunizations - Pediatric (up to age 7) - Age 7 and older - Related to an illness	Plan Pays 100% Plan Pays 100% Same as any other illness	Coinsurance Deductible and Coinsurance Same as any other illness
Colorectal Cancer Screenings (starting at age 45) - Colonoscopy Screening - Diagnostic or Preventive Screening (one every five years) - Screenings outside the age or frequency limit - Sigmoidoscopy/Proctoscopy Screening and CT of the Colon - Preventive Screening (one every five years) - Screenings outside the age or frequency limit - FIT DNA - Preventive Screening (one every three years) - Screenings outside the age or frequency limit - Fecal occult blood test - Preventive Screening (one per year) - Screenings outside the age or frequency limit - Barium enema, and other tests as determined under ACA Preventive Services - Preventive Screenings - Diagnostic Screenings	Plan Pays 100% Same as any other illness Plan Pays 100% Same as any other illness Plan Pays 100% Same as any other illness Plan Pays 100% Same as any other illness	Deductible and Coinsurance Deductible and Coinsurance Deductible and Coinsurance Deductible and Coinsurance Deductible and Coinsurance Deductible and Coinsurance Deductible and Coinsurance
NOTE: Related Services will pay in the same manner as the Colorectal Cancer Screening when performed on the same date of service. Screening limits accumulate based on a calendar year.		

Mental Health and/or Substance Use Disorder Services	In-network Provider	Out-of-network Provider
Inpatient Services	Deductible and Coinsurance	Deductible and Coinsurance
Outpatient Services - Office Visit - Therapy Performed in School - Telehealth/Virtual Care Services - All Other Outpatient Items & Services	Plan Pays 100% Plan Pays 100% Plan Pays 100% Deductible and Coinsurance	Deductible and Coinsurance Deductible and Coinsurance Not Covered Deductible and Coinsurance
Office Services include office visits, medication checks, psychological therapy and/or substance use disorder counseling, x-rays, laboratory tests, supplies and/or drugs administered during the office visit. Other Covered Services not part of the Office Benefit Services are covered under All Other Outpatient Items & Services. This includes but is not limited to: psychological evaluations, assessments, testing, physical therapy, occupational therapy, speech therapy or any other covered Mental Health and/or Substance Use Disorder services.		
Emergency Care Services (services received in a Hospital emergency room setting) - Facility - Professional Services	Deductible and Coinsurance Deductible and Coinsurance	In-network level of benefits In-network level of benefits
Other Covered Services – Illness or Injury	In-network Provider	Out-of-network Provider
Acupuncture	Not Covered	Not Covered
Advanced Diagnostic Imaging (CT, MRI, MRA, MRS, PET & SPECT scans and other Nuclear Medicine)	Deductible and Coinsurance	Deductible and Coinsurance
Ambulance (to the nearest facility for appropriate care) - Ground Ambulance - Air Ambulance	Deductible and Coinsurance Deductible and Coinsurance	In-network level of benefits In-network level of benefits
Autism Spectrum Disorder - Testing and Diagnosis - Treatment	Same as mental health Same as mental health	Same as mental health Same as mental health
Biofeedback - Medical - Mental Health	Deductible and Coinsurance Same as mental health	Deductible and Coinsurance Same as mental health
Dermatological Services	Same as any other illness	Same as any other illness
Diabetic Services Services include education, self-management training, podiatric appliances and equipment.	Same as any other illness	Deductible and Coinsurance
Durable Medical Equipment and Supplies (including Prosthetics) (rental or purchase, whichever is least costly; rental shall not exceed the cost of purchasing)	Deductible and Coinsurance	Deductible and Coinsurance
Hearing Services - Bone Anchored Hearing Aids - Cochlear Implants - Hearing Aids (up to age 19, limited to \$3,000 every 48 months.)	Deductible and Coinsurance Deductible and Coinsurance Deductible and Coinsurance	Deductible and Coinsurance Deductible and Coinsurance Deductible and Coinsurance

Other Covered Services – Illness or Injury	In-network Provider	Out-of-network Provider
Home Health Care Services - Home Health Aide (limited to 60 days per Calendar Year) - Home Infusion Therapy - Skilled Nursing Care (limited to 8 hours per day) - Respiratory Care (limited to 60 days per Calendar Year)	Deductible and Coinsurance Deductible and Coinsurance Deductible and Coinsurance Deductible and Coinsurance	Deductible and Coinsurance Deductible and Coinsurance Deductible and Coinsurance Deductible and Coinsurance
Hospice Services	Deductible and Coinsurance	Deductible and Coinsurance
Independent Laboratory - Diagnostic - Preventive	Deductible and Coinsurance Same as Preventive Services In-network level of benefits	In-network level of benefits Same as Preventive Services In-network level of benefits
Infertility - Services to Diagnose - Treatment to Promote Fertility	Same as any other illness Not Covered	Deductible and Coinsurance Not Covered
Nicotine Addiction - Medical Services and Therapy - Nicotine addiction classes & alternative therapy, such as acupuncture	Same as Substance Use Disorder Services Not Covered	Same as Substance Use Disorder Services Not Covered
Obesity - Non-Surgical Treatment - Surgical Treatment	Not Covered Not Covered	Not Covered Not Covered
Oral Surgery and Dentistry Services such as impacted wisdom teeth, incision and drainage abscesses, excision of tumors and cysts and bone grafts to the jaw. Dental treatment when due to an accidental injury to naturally healthy teeth (treatment related to accidents must be provided within 12 months of the date of injury).	Same as any other illness	Deductible and Coinsurance
Organ and Tissue Transplantation	Same as any other illness	Deductible and Coinsurance
Ostomy Supplies	Deductible and Coinsurance	Deductible and Coinsurance
Physician Professional Services Inpatient and Outpatient services, such as, surgery, surgical assistant, anesthesia, inpatient hospital visits and other non-surgical services	Deductible and Coinsurance	Deductible and Coinsurance
Pregnancy, Maternity and Newborn Care - Pregnancy and maternity (Payment for prenatal and postnatal care is included in the payment for the delivery) - Newborn care (Newborns are covered at birth, subject to the plan's enrollment provisions)	Deductible and Coinsurance Deductible and Coinsurance	Deductible and Coinsurance Deductible and Coinsurance
NOTE: The Plan pays 100% for the initial postpartum depression screening up to one year following a pregnancy or childbirth.		

Prescription Drugs	In-network Provider	Out-of-network Provider
Retail – per 30-day supply - Preferred Generic Drugs - Non-Preferred Generic Drugs - Preferred Brand Name Drugs - Non-preferred Brand Name Drugs	25% Coinsurance, \$10 minimum Copay, \$40 maximum Copay 25% Coinsurance, \$10 minimum Copay, \$40 maximum Copay 25% Coinsurance, \$50 minimum Copay, \$100 maximum Copay 50% Coinsurance, \$75 minimum Copay, \$150 maximum Copay	25% Coinsurance, \$10 minimum Copay, \$40 maximum Copay + 25% Penalty 25% Coinsurance, \$10 minimum Copay, \$40 maximum Copay + 25% Penalty 25% Coinsurance, \$50 minimum Copay, \$100 maximum Copay + 25% Penalty 50% Coinsurance, \$75 minimum Copay, \$150 maximum Copay + 25% Penalty
Home Delivery – per 180-day supply - Preferred Generic Drugs - Non-Preferred Generic Drugs - Preferred Brand Name Drugs - Non-Preferred Brand Name Drugs	25% Coinsurance, \$50 minimum Copay, \$200 maximum Copay 25% Coinsurance, \$50 minimum Copay, \$200 maximum Copay 25% Coinsurance, \$250 minimum Copay, \$500 maximum Copay 50% Coinsurance, \$375 minimum Copay, \$750 maximum Copay	Not Covered Not Covered Not Covered Not Covered
Diabetic Supplies - Generic - Preferred Brand Name - Non-preferred Brand Name	20% Coinsurance 20% Coinsurance 30% Coinsurance	20% Coinsurance + 25% Penalty 20% Coinsurance + 25% Penalty 30% Coinsurance + 25% Penalty
Specialty Drugs (specialty drugs must be purchased through a designated specialty pharmacy) - Preferred Specialty Drugs - Non-Preferred Specialty Drugs	25% Coinsurance, \$125 minimum Copay, \$250 maximum Copay 25% Coinsurance, \$125 minimum Copay, \$250 maximum Copay	Not Covered Not Covered
Contraceptive Drugs - Contraceptive Drugs and Methods in accordance with Federal Guidelines - All other Contraceptive Drugs and Methods	Plan Pays 100% Same as any other Generic or Brand Name Drugs	25% Penalty 25% Penalty
For additional information please see Women's Services listed on NebraskaBlue.com/PreventiveCare		
Diabetic Insulin - Preferred Generic Drugs - Non-Preferred Generic Drugs - Preferred Brand Name Drugs - Non-Preferred Brand Name Drugs	Plan Pays 100% Same as any other Generic Drugs Plan Pays 100% Same as any other Non-Preferred Brand Name Drugs	25% Penalty Same as any other Generic Drugs 25% Penalty Same as any other Non-Preferred Brand Name Drugs
This Plan utilizes the Broad Network C and NetResults Performance prescription drug list (PDL). You can find this prescription drug list and network listing on NebraskaBlue.com/Pharmacy. Or you may contact Member Services at the phone number on the back of your I.D. card.		

Please note: This Schedule of Benefits Summary is intended to provide you with a brief overview of your benefits. It is not a contract and should not be regarded as one. For more complete information about your plan, including benefits, exclusions and contract limitations, please refer to the master group contract. In the event there are discrepancies between this document and the contract, the terms and conditions of the contract will govern.