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FOR IMMEDIATE RELEASE

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Sustainability discussion to teach others how to become environmental leaders

OMAHA, Neb. — Metropolitan Community College's Sustainability Leadership Presentation Series will show "Sustainability Advocacy: Leverage Your Emotions, Avoid Burnout and Influence for Good" via live stream on Thursday, March 5, 3:30–5 p.m., at MCC's Fort Omaha Campus, 30th and Fort streets, Building 10, Room 110.

Guest speaker Adam Hammes will share his experiences of life, work and family and how it shifted as he learned to connect with others less passionate about environmental sustainability and how communicating his beliefs moved others to action. An award-winning corporate sustainability professional, Hammes draws upon his time as an environmental educator, community organizer and nonprofit founder to educate the audience on how they can move others to action. Attendees will learn about emotional stages and myths of advocacy, stages of influence and other topics to help people become sustainability leaders.

The lecture is part of the 2014–15 Sustainability Leadership Presentation Series, a partnership among MCC, Central Community College, WasteCap Nebraska and Joslyn Institute for Sustainable Communities. The Sustainability Leadership Presentation Series seeks to bring sustainability-minded perspectives to Nebraska and foster discussion on topics related to sustainability, energy, the environment and their application to our daily lives. Lectures will be offered throughout the academic year on the first Thursday of the month.

In addition to the lecture at the Fort Omaha Campus, those interested may watch via the live stream. For more information, visit mccneb.edu/cps/green/slps.asp.

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Metropolitan Community College, accredited by the Higher Learning Commission, is a comprehensive, public community college that offers affordable, quality education to all residents of Dodge, Douglas, Sarpy and Washington counties. Founded in 1974, MCC has the largest enrollment out of six community colleges in Nebraska and is the second largest

postsecondary institution in the state. MCC serves more than 40,000 unique credit and noncredit students.