



# UNMC College of Allied Health Professions

## Physical Therapy Program Guide

Listed are MCC courses that satisfy the University of Nebraska Medical Center's Physical Therapy admission requirements.

For more information contact:

Office of Student Services  
**Metropolitan Community College**  
Elkhorn Valley Campus  
(402) 289-1205  
Fort Omaha Campus  
(402) 457-2705  
South Omaha Campus  
(402) 738-4505  
Sarpy Center  
(402) 537-3800  
Fremont Area Center  
(402) 721-2507  
Applied Technology Center  
(402) 763-5800  
[www.mccneb.edu](http://www.mccneb.edu)

University of Nebraska  
Medical Center  
College of Allied Health Professions  
Academic & Student Affairs  
(402) 559-6673  
[cahpadmissions@unmc.edu](mailto:cahpadmissions@unmc.edu)  
[www.unmc.edu/alliedhealth](http://www.unmc.edu/alliedhealth)

The Physical Therapy program is a doctoral level program that requires students to complete a bachelor's degree. Students can earn a bachelor's degree in any area of interest (i.e. Biology, Business, Music, Nursing) provided the admission requirements below are satisfied. Listed below are Metropolitan Community College courses that will satisfy the University of Nebraska Medical Center's (UNMC) Physical Therapy admission requirements.

UNMC Admission Course Requirements	Metropolitan Community College Courses			Quarter Hours
<b>Biological Sciences</b>	BIOS	1110	Biology I	6
<i>Minimum of 14 semester hours~</i>	BIOS	1120	Biology II	6
	BIOS	2310	Human Anatomy and Physiology I	6
	BIOS	2320	Human Anatomy and Physiology II	6
<b>Chemistry</b>	CHEM	1210&1211	General Chemistry: Parts I & II <b>OR</b>	6
<i>Minimum of 8 semester hours~</i>	CHEM	1212	General Chemistry I: Accelerated	6
	CHEM	1220	General Chemistry II <b>OR</b>	6
	CHEM	2310	Fundamentals of Organic Chemistry <b>OR</b>	6
<b>Physics</b>	PHYS	110ABC	Principles of Physics IA, IB, IC	7.5
<i>Minimum of 8 semester hours~</i>	PHYS	111ABC	Principles of Physics IIA, IIB, IIC	7.5
<b>Mathematics</b>	MATH	1410	Statistics	4.5
<i>1 course required</i>				
<b>Psychology</b>	PSYC	1120	Human Growth and Development	4.5
<i>1 course required</i>	PSYC	2350	Fundamentals of Abnormal Psychology *	4.5
<b>Social Science</b>	CRIM	1010	Introduction to Criminal Justice	4.5
<i>1 course required</i>	PHIL	2030	Introduction to Ethics	4.5
	PSYC	1010	Introduction to Psychology	4.5
	SOWK	1010	Introduction to Social Work	4.5
	SOCI	1010	Introduction to Sociology	4.5
	SOCI	1250	Introduction to Anthropology	4.5
	SOCI	2160	Marital & Family Relations	4.5

\* Course does not transfer into UNO's College of Arts and Sciences, but does satisfy UNMC's admission requirement.  
~4.5 quarter hours = 3 semester hours

- No online labs will be accepted
- One writing intensive course from any department is highly recommended

### What is Physical Therapy?

Physical Therapists are health care professionals who evaluate and treat people with health problems resulting from injury or disease. Among other responsibilities, physical therapists assess joint motion, muscle strength and endurance, function of heart and lungs and performance of activities required in daily living. Treatment includes a broad range of therapeutic exercise techniques, cardiovascular endurance training and training in activities of daily living such as modifications to the home or wheelchair adjustments.

Physical Therapists work closely with patients one-on-one and engage in a lot of physical activity such as lifting patients. Physical Therapists work 40 hours a week, which can include evenings and weekends, and earn \$50,000 to \$60,000 a year to start.

### UNMC Program Notes

- Admission to the Physical Therapy program is very competitive. Important factors in selection of applicants include:
  - A 3.0 Cumulative GPA (on a 4.0 scale). GPA's of competitive applicants typically range from 3.7-3.8
  - GRE scores
  - Exposure to Physical Therapy
  - Interview
  - Three letters of reference
- The Physical Therapy program is a clinical doctorate level program, taking 3 additional years (8 semesters) after the bachelor degree to complete. Courses begin in the fall.