



Transfer Guide – Human Services Associate in Arts (HSTAA) to UNO B.S. in Social Work

The Human Services Transfer degree is designed to develop essential knowledge and skills required in the Human Services field and to efficiently accommodate transfer to four year human services-related fields from around the area. Each transfer institution publishes requirements for admission, general education, and major concentration areas.

Students should consult with the institution they plan to transfer to and their MCC Advisor for courses that best fit your intended plan of study. For Students planning to transfer to UNO the below information can also be viewed on Transferology.com under UNO/UNL Pathways. For more information contact the MCC Transfer Center.

Total credit hours – 94.5

Major Course Requirements (49.5) Complete all courses

HMSV 1010 Introduction to Human Services	HMSV 2110 Group Counseling
HMSV 1120 Helping Skills and Techniques	HMSV 2120 Social Services Policy and Exceptional Populations
HMSV 1130 Introduction to Counseling Theories	HMSV 2150 Multicultural Counseling
HMSV 1140 Assessment, Case Planning, and Management	PSYC 1120 Human Growth and Development
HMSV 1150 Community Resources	SOCI 1010 Introduction to Sociology
HMSV 2050 Ethics and Professionalism	

General Education Requirements – (36.0)

General Education Courses at MCC		Recommendations for alignment with UNO
Communication (13.5) Complete all courses.		
ENGL 1010 English Composition I	4.5	
ENGL 1020 English Composition II	4.5	
SPCH 1110 Public Speaking	4.5	
Quantitative/Numeracy Skills (4.5-5.0) Choose one course.		
MATH 1315 College Algebra or higher	4.5	
MATH 1410 Statistics or higher	5.0	MATH 1410 Statistics (satisfies major requirement at UNO)
Critical Thinking/Creativity & Social/Cultural Awareness (9.0) Complete one Social Science Course and one Humanities course.		
One Social Science Transfer Course	4.5	SOWK 1010 (satisfies major requirement at UNO)
One Humanities Transfer Courses See MCC Gen Ed document for additional options.	4.5	ARTS 1000 ARTS 1110 ARTS 1120 MUSC 1010 PHIL 1010 PHIL 2200 SPAN 1110 THEA 1000
Scientific Inquiry (4.5-6.0) Complete one Natural Science course.		
		BIOS 1010 (satisfies major requirement at UNO)
Professionalism/Life Skills & Information Literacy (4.5) Complete one course.		
INFO 1001 Information Systems and Literacy	4.5	
HMRL 1010 Human Relations Skills	4.5	HMRL 1010 or EXPL 1000
EXPL 1000 Exploratory Studies	4.5	

Elective Requirements – (9.0)

Elective Courses (9.0) Complete two courses.		
Students may not use the same course to satisfy more than one degree requirement.	9.0	ECON 1000 OR POLS 2050 (both count as SS at UNO) AND one additional course from the following (satisfies Humanities requirement at UNO): HIST 1010 HIST 1110 HIST 1120 HIST 2050

Every effort has been made to provide accurate information on suggested courses, however it is the student's responsibility to consult with the institution they are planning to transfer to ensure courses fit into their intended plan of study. For additional information on course by course equivalencies please contact the MCC Transfer Center.